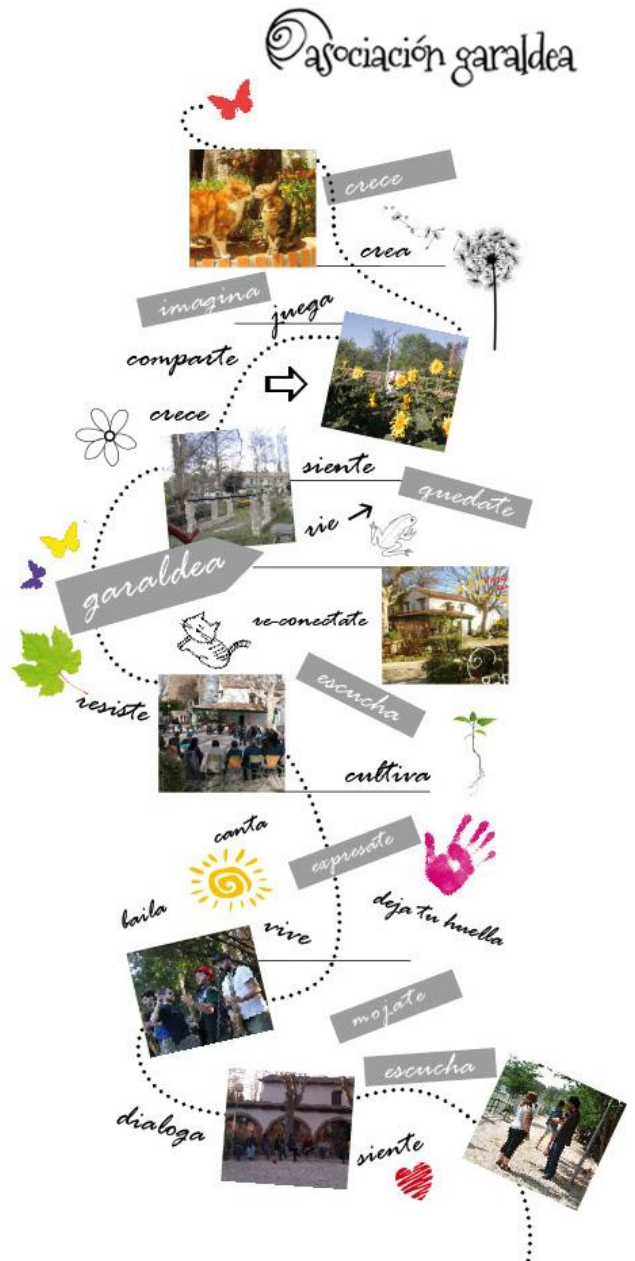




Garaldea was created to provide continuity and stability to the sit-in that workers and users of the field of drug addiction began in February 2012, when the Community of Madrid decided to close, under the guise of austerity, the therapeutic community functioning here.

The current social reality, the support received and our belief that the transformation must be carried out by the persons concerned, led us to continue and implement the project of living and learning together.

We live creating a space that allows people who have overcome their dependence, participate in a project that through empowerment, mutual support and the relationship with the environment and other groups, get the minimum required for a decent life.



We got to continue the project through self-management of our resources. We carry out gardening, animal care, maintenance of facilities and grounds. We are in constant exchange of ideas, goods and services with other groups and individuals, enriching each other. In turn, we have the contributions that each made according to their means.

Through the assembly from the horizontal and respect, manage conflicts, make decisions, and ultimately we try to go forward.



IMPORTANT ADVICES

- If you come to visit us, please respect our **no-drugs policy** in Garaldea: **zero alcohol or drugs, only tobacco**. You can have a drink if you go to the closest village, 30 min. walking.
- If you have any kind of **allergies and/or particular food preferences** (vegan, vegetarian), please tell us before the course to be able to be ready.
- There are pets (dogs and cats) in Garaldea but are not allowed to enter the building, so please **be careful to close the doors always**.
- There is Internet available, but you have to bring your own laptop if you need it.

Logistics at Garaldea

You will be sleeping in four-beds room. Please, **bring sleeping-bag and towels**. There's a swimming pool and we will have sunny weather, so you can bring your swimsuit although not have too much time to enjoy it :-)

There will be people cooking, so no need to worry about that. However, we would like to organize work groups to make easy cleaning the kitchen.

Besides meal times, there will be a permanent table with coffee, tea and snacks / biscuits between meals and at night.

We have planned an international dinner to try food from other countries. It would be great that you could bring something typical of your land and cook for the rest :-)